

Seasonal menu

Monday

Porridge

Chocolate mud cake

Pork steak, cheese
bechamel sauce,
scalloped potato,
broccoli, carrot rings

Mashed cake + custard

Mixed sandwiches

Caulliflower + bacon soup

Beef + vegetable pastile,
tomato gravy, mashed
potato, mixed vegetables

Pear strudel + custard

Salami + kabana

Tuesday

Semolina scrambled eggs

Apple slice

Portuguese chicken
fillets, Portuguese sauce,
Spanish rice + butter, peas,
steamed sweet potato

Puree fruit + yoghurt

Mixed sandwiches

Beef + potato soup

Lamb kofta wrap/burger,
cucumber yoghurt, apricot
sauce, tortilla, green salad

Peach crumble + ice cream

Corn + bacon dip

Wednesday

Baked beans

Friands

Meatloaf Portuguese
chicken fillets, onion
gravy, sauce, mashed
potato, bacon beans,
roast pumpkin

Smoothie

Finger sandwiches

Corn + bacon chowder

Korma prawns + sauce,
steamed rice + butter

Cream caramel + cream or
fruit mousse

Finger sandwiches

Thursday

Porridge + semolina
scrambled eggs

Sultana scones/fruit mousse

Salmon florentine meatlof,
dill bechamel sauce, onion
gravy, mustard potato,
silverbeet steamed, baby
carrots

Puree fruit + custard

Cheese + crackers

Carrot + chickpea soup

Chicken + vegetable pasta
bake, chunky tomato +
bacon sauce, garlic bread,
Greek salad

Fruit + icecream

Mixed sandwiches

